

# LIGHT BITES

## SOUP OF THE DAY €5

GLUTEN FREE SOUP SERVED WITH HOMEMADE BROWN BREAD  
OR GLUTEN FREE BREAD  
(DAIRY, CELERY, SULPHITES)

## REDDANS SEAFOOD CHOWDER €9.50

GLUTEN FREE CHOWDER SERVED WITH HOMEMADE BROWN BREAD  
OR GLUTEN FREE BREAD  
(FISH, CELERY, DAIRY)

## GOATS CHEESE CROSTINI €9.50

WITH A CHILLI & ONION CHUTNEY  
(GLUTEN, DAIRY, SULPHITES)

## BEEF TACO €9.50

ON SOURDOUGH FLAT BREAD WITH SEARED STEAK, TOMATO, SALSA  
WITH SALAD LEAVES & FETA CHEESE  
(GLUTEN, DAIRY, SULPHITES)

## BUFFALO WINGS €14.00

WITH GARLIC DIP AND CELERY STICKS  
CHOICE OF SAUCE :

BARBEQUE, LOUISIANA, HONEY & SRIRACHA  
(DAIRY, CELERY, SOYA)

## CHICKEN CAESAR SALAD

WITH CROUTONS, LARDON OF BACON AND PARMESAN

SMALL - €8 LARGE - €14

(DAIRY, EGG, GLUTEN, MUSTARD)

## PRAWN PIL PIL €10.50

WITH SIDE SALAD & CRUSTY GARLIC BREAD  
(MOLLUSCS, GLUTEN, SULPHITES)

## MOZZARELLA BITES €10.50

WITH CHILLI & ONION JAM AND SIDE SALAD  
(DAIRY, GLUTEN, SULPHITES)

# STEAKS

OUR STEAKS ARE CUT IN HOUSE  
AND COOKED TO YOUR LIKING\*

## 120Z SIRLOIN €27

WITH CHUNKY CHIPS, MUSHROOMS, GRILLED TOMATO,  
ONION RINGS & PEPPER SAUCE  
(DAIRY, CELERY, GLUTEN)

## 80Z SIRLOIN €17.95

WITH CHUNKY CHIPS, MUSHROOMS, GRILLED TOMATO,  
ONION RINGS & PEPPER SAUCE  
(DAIRY, CELERY, GLUTEN)

## OPENED STEAK SANDWICH €17.95

TOASTED SOURDOUGH, HONEY MUSTARD MAYO, SMOTHERED WITH  
SAUTEED ONIONS & MUSHROOMS WITH PEPPER SAUCE & CHUNKY  
CHIPS  
(DAIRY, GLUTEN, CELERY)

## BRAISED STUFFED STEAK\* €17.50

STEAK WITH A SAUSAGE & MUSHROOM STUFFING. BRAISED TILL  
TENDER & SERVED WITH CREAMY CHAMP MASH, BUTTERED BROCCOLI &  
HOUSE GRAVY  
(DAIRY, SULPHITES)

# SEAFOOD

FISH OF THE DAY  
PLEASE ASK YOUR SERVER ABOUT  
OUR DAILY FISH SPECIAL

## I.P.A BATTER SCAMPI €17.50

WITH MUSHY PEAS, CHIPS AND SAUCE TARTARE  
(EGG, FISH, GLUTEN)

## I.P.A BATTERED COD €16.50

WITH MUSHY PEAS, CHIPS AND SAUCE TARTARE  
(EGG, FISH, GLUTEN)

## PAN FRIED SALMON €19.50

SERVED WITH SAUTEED POTATO, WILTED GREENS AND  
HOLLANDAISE SAUCE  
(FISH, DAIRY, EGG)

## SMOKED SALMON & PRAWN PLATTER €16.50

SMOKED SALMON WITH SAUTEED CHILLI & GARLIC PRAWNS.  
SERVED  
WITH OUR HOMEMADE BROWN BREAD  
(DAIRY, GLUTEN, FISH, MOLLUSCS)

# BURGERS

## FALAFEL BURGER €14

TOPPED WITH CHEDDAR SERVED WITH TACO MAYO,  
LETTUCE, TOMATO, ONION AND CHIPS  
(DAIRY, GLUTEN)

## LAMB HARISSA BURGER WITH TYSIKIE

€16.50

LETTUCE, TOMATO & ONION ON BRIOCHE BUN, SERVED WITH  
CHIPS  
(GLUTEN, EGG, DAIRY)

## CAJUN CHICKEN BURGER €15

WITH LETTUCE, TOMATO, ONION, TACO MAYO AND CHIPS  
(GLUTEN, SULPHITES, SOYA, DAIRY)

## REDDANS BACON CHEESEBURGER €15

SERVED WITH LETTUCE, TOMATO, ONION, KETCHUP AND CHIPS  
(DAIRY, EGG, GLUTEN)

## SOUTHERN FRIED CHICKEN BURGER €15

WITH LETTUCE, TOMATO, ONION, DILL PICKLES, CAJUN MAYO  
AND CHIPS  
(GLUTEN, SULPHITES, SOYA, DAIRY)

## HOGS BREATH €15

BEEF BURGER WITH LETTUCE, TOMATO, ONION, BACON  
& MOZZARELLA CHEES AND GARLIC MAYONNAISE  
(DAIRY, GLUTEN, SULPHITES)

# CHICKEN & PASTA

## CHICKEN SANDEMAN €16.50

PAN FRIED CHICKEN WITH MUSHROOMS, ONIONS & PEPPERS  
IN A PORT CREAM SAUCE. SERVED WITH CREAMY MASH AND  
ROASTED CARROTS & PARSNIP  
(SULPHITES, DAIRY)

## BUTTER CHICKEN CURRY €16.50

WITH BASMATI RICE & POPPADOMS  
SERVED MEDIUM HEAT STYLE  
(DAIRY, GLUTEN, SULPHITES)

## LEMON & THYME ROAST HALF CHICKEN

€16.50

WITH HOME CUT CHIPS & HOUSE SALAD  
(DAIRY, GLUTEN, SULPHITES)

## CHICKEN PENNE VODKA €16.50

SAUTEED CHICKEN WITH ONION & FLAMBÉ IN VODKA IN A TOAMTO  
CREAM SAUCE WITH CRUSTY GARLIC BREAD  
(DAIRY, GLUTEN, SULPHITES, CELERY)

## PENNE ENTRECOTE €16

SLICED BEEF WITH PENNE PASTA IN A SPICED TOMATO CREAM  
SAUCE  
(DAIRY, GLUTEN, SULPHITES)

## SPINACH & RICOTTA CANNELLONI €15

SPINACH & RICOTTA STUFFED PASTA WITH HOMEMADE TOMATO  
SAUCE  
TOPPED WITH MOZZARELLA. SERVED WITH HOUSE SALAD & GARLIC  
BREAD  
(DAIRY, GLUTEN, SULPHITES)

# Reddans of Bettystown

## RESTAURANT & BAR MENU